

St James Assiniboia HOCKEY ACADEMY

Available at the following schools in St James Assiniboia School Division

Place ✓
Here

SJASD Middle Schools

George Waters Middle School

Hedges Middle School

Place ✓
Here

SJASD High Schools

John Taylor Collegiate

St James Collegiate



I wish to enrol in the SJAHA
for the school year
(yearly fee \$550)

Parent - Student Information

Student Name: _____ Phone Number: _____

Parent Name(s): _____

School Attended 2021 - 2022: _____ Grade for 2022-2023: _____

Email(s): _____

Hockey Experience

New to hockey

Playing Minor Hockey (A1-3, AA, AAA, High School)

WEBSITE: www.sjaha.blogspot.ca **INSTAGRAM:** @sjaha_hockey **TWITTER:** @stjameshockey

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Hockey Canada Skills Academy

“ A hockey skill development program offered within a public or private academic institution for any student registered or wanting to become registered with a minor hockey association team ”

SJAHA Believes in...

“ We want students to perform **QUALITY** skill repetitions daily and we want students to experience a high **QUANTITY** of skill repetitions daily through 3 types of drills:”

(a) Skill Stations, (b) Small Area Games (c) Game Situation Drills

The Students Receive

- * Better practice to game ratio
- * Video feedback of development
- * Technical & Tactical training
- * Floorball, Focus Fitness, Icelab training
- * High School students earn credit(s)
- * Snacks after every ice session

SJAHA Facts

- * Licensed Hockey Canada Skills Academy
- * Emphasis on individual skill development
- * Rink: BellMTS Iceplex (3969 Portage Ave)
- * Yearly student fee of \$550 (45hrs On Ice)
- * Partners w/ WJHA to support students Gr 6-12



More Information? Check out our website: www.sjaha.blogspot.ca/about-us.html

